



## Treatment Intensives

In our efforts to better meet the needs of children and their families, Children's Therapy Associates, Inc. (CTA) offers various treatment options, such as individual therapy, group sessions, or home programming. In addition to these treatment options, CTA is pleased to offer Treatment Intensives. This is intensive therapy over a short period of time. This provides the family with the resources they need to maximize the potential of their child. This intensive approach provides the therapists the time and ability to gain a better understanding of the individual child and incorporate cutting edge therapy techniques. Having therapy in a concentrated manner allows therapists to use strategies to get children in that "just right place" so they may be more available to other treatment intervention and functional outcomes.

Treatment Intensives can compliment the school-based services, home programming, and community therapy the child receives. Treatment Intensives can address social, communication and emotional skills, daily living issues including behavior concerns, physical dysfunction, sensory processing difficulties and/or developmental delays. A vital part of treatment is parent participation and education, as well as networking with community agencies, to benefit the child.

Treatment Intensives may vary from one to ten days, with therapy once or twice daily for as long as three hours a session. This provides ample opportunity for the child to be seen in all facets. Programs are individualized to meet child and family needs. Follow up sessions may also be provided. As well as occupational therapy intervention, Treatment Intensives may also include physical therapy as needed. The therapist uses ongoing assessment and intervention to allow potential for change. Treatment approaches used may include: sensory integration, neurodevelopmental techniques, craniosacral therapy, Therapeutic Listening™, and Assistive Technology.

Referrals for Treatment Intensives can come from a variety of sources; a physician's referral is not necessarily required. Families will gain a better understanding of their child's needs and how they can be addressed. Sensory diets, auditory techniques, and suggestions for continued intervention may be recommended.

Please call Children's Therapy Associates, Inc., at (941) 756-1003 for an appointment or for more information to design an individualized treatment program for your child.