



## Individual Treatment

In our efforts to better meet the needs of children and their families, Children's Therapy Associates, Inc. (CTA) offers various treatment options such as individual or group sessions, treatment intensives, home visits, consultation, the Interactive Metronome® or home programming. Individual treatment sessions are set up following a comprehensive evaluation. The frequency of treatment sessions varies to fit your child and family needs. Some children benefit from several sessions a week, weekly sessions, or monthly follow-ups. We offer occupational and physical therapy services on an individual basis. In addition, we consult with and refer to various professionals in our community.

Therapeutic intervention can help with developmental delay, visual perceptual difficulties, learning disabilities, ADHD, physical disabilities, cerebral palsy, sensory disorders, social/emotional difficulties, problem behaviors, communication, and Pervasive Developmental Delays. Therapy in individual sessions may use treatment approaches such as sensory integration, neuro-developmental techniques, craniosacral therapy, Therapeutic Listening™/Bone Conduction, Assistive Technology, and/or Interactive Metronome®. Based on your child's needs, CTA offers co-treatments with Physical Therapists, Speech Language Pathologists, or Psychologists.

Referrals for evaluations and treatment can come from a variety of sources; a physician's referral is not necessarily required. Families will gain a better understanding of their child's needs and how they can be addressed. Sensory diets, home programming, developmentally appropriate activities, auditory techniques, and suggestions for continued intervention may be recommended.

Please call Children's Therapy Associates, Inc. at (941) 756-1003 for an appointment or for more information to design an individualized treatment program for your child.